

Trafford Aikido's Code of Conduct for Children and Young People

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The Aikido mat can be a dangerous place so we expect you to:

- Show respect and courtesy to all.
- NEVER deliberately use Aikido to hurt others.
- Listen to and watch your Teacher (Sensei), to learn and follow what is being taught.
- Help each other and concentrate to ensure a safe and enjoyable practice for all.
- When you're with us, stay where you're supposed to, don't wander off or leave without telling your Teacher or their assistant.
- Tell Sensei if you want to leave the mat. This is a safety point.
- Keep your training Gi (suit) clean.
- Keep your feet clean to ensure that no dirt or grit gets brought onto the mat and wear shoes to the mat's edge to prevent grit getting onto the mat.
- Keep toe and fingernails cut short.
- Remove jewellery, watches and sharp objects. (Rings or earrings that cannot be removed should be taped over.)
- Maintain your weapons in a safe condition.

You should:

- Help make our club a welcoming and friendly place to be for all.
- Support and encourage others. Tell them when they've done well and be there for them when they're struggling.
- Behave responsibly and speak out when something isn't right.
- Make it to class in good time.
- Carry your weapons to and from class in a closed bag.

As a young person taking part, we understand you have the right to:

- Enjoy the time you spend with us and know that you're safe.
- Be listened to.
- Be respected by us and be treated fairly.
- Be told who you can talk to if something's not right – see the booklet "Junior Information" or the Club website.
- Be looked after if there's an accident or injury and have your parents informed.

We expect all young people to follow this code. If any young person behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with your parent's involvement and aim to resolve the issue.

Continued issues and repeated breaches of this code may result in us regrettably asking you to leave the Club. This is something we don't want to do.

Note: Where we refer to 'parents' we mean parents and carers inclusively. The term 'children' or 'child' describes any person under the age of 18.